

#RegionVYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN THE BICOL REGION

PART 1

 Demographic Research & Development Foundation, Inc.
University of the Philippines Population Institute

OUTLINE

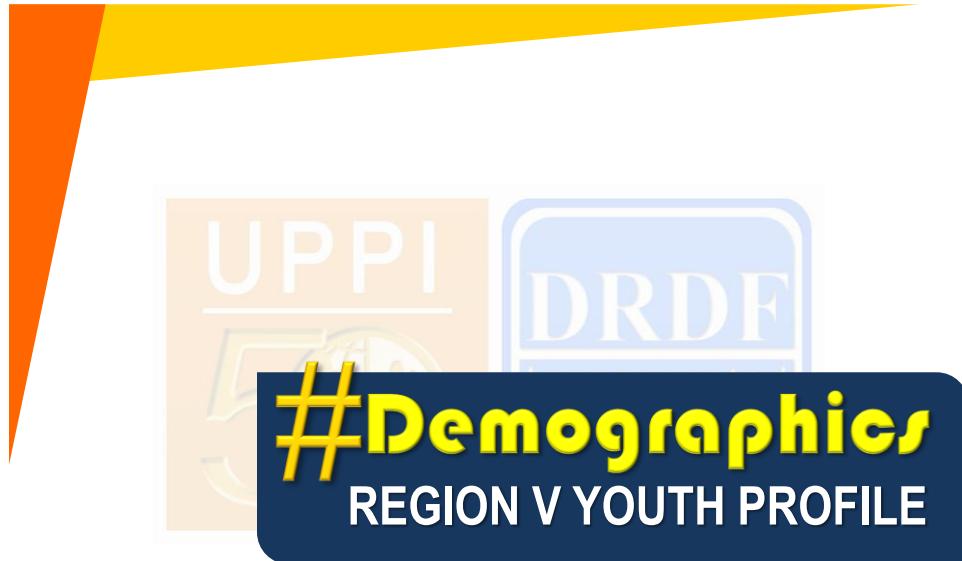
Part 1

- Demography of the Filipino youth
- The 2013 YAFS Study
- Background characteristics of the youth
- Media exposure
- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary

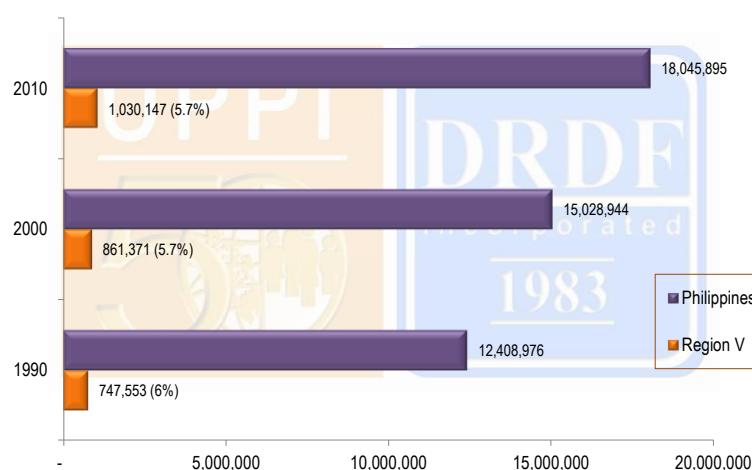
Part 2

- Sex and media
- Sexual activities
- Teenage fertility
- Knowledge of HIVs/STDs
- Summary and conclusions

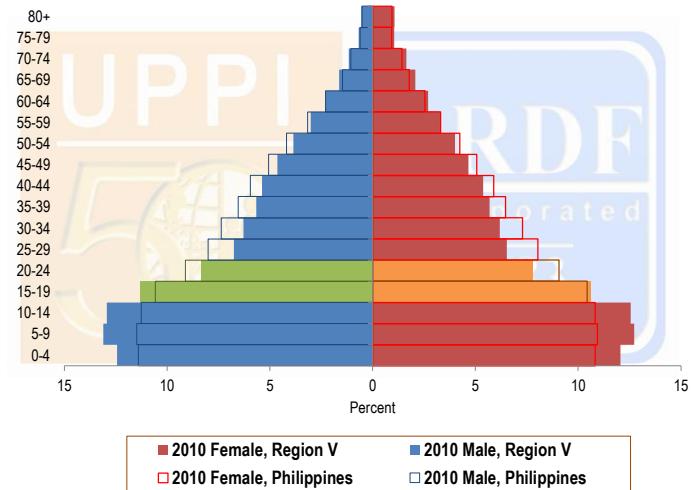
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Number and percent of youth population: Philippines and Region V



Young population in Region V and in the Philippines as a whole



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THE 2013 YAFS STUDY

Background

- 4th in a series of nationally-representative surveys on Filipino youth 15-24 years old
- Jointly implemented by the
 - Demographic Research & Development Foundation (DRDF)
 - University of the Philippines Population Institute (UPPI)
- Funded by The Australian Government, UNFPA, Department of Health, Philippine Council for Health Research and Development (PCHRD)

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Predecessor surveys

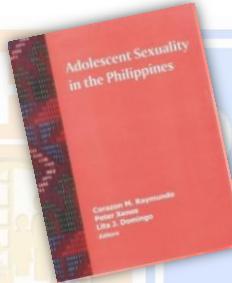
1982 YAFS

(5,240 female respondents)



2002 YAFS

(19,728 male and female respondents)



1994 YAFS

(10,879 male and female respondents)



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General objective of YAFS4

- To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino youth

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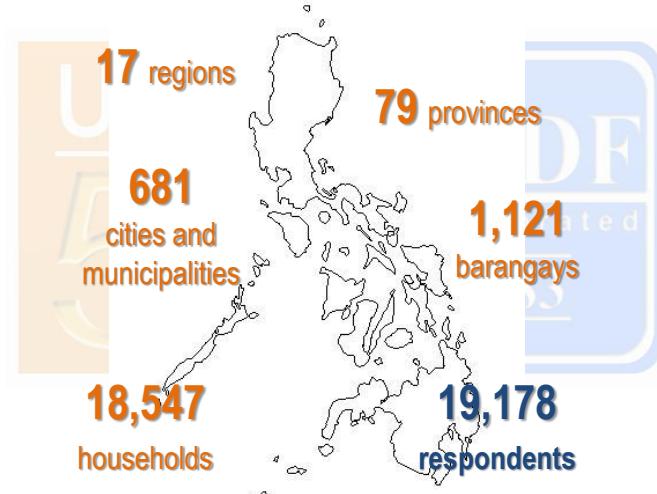
Survey design

- Sampling design: Multistage stratified random sampling
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Respondents: 15-24 years old single and married males and females

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National coverage of YAFS4



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Survey instruments

- 10 survey instruments
 - Household Form
 - 8 Individual Questionnaires for the youth respondents
 - 4 Main Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - 4 Muslim Questionnaires (Single Female, Married Female, Single Male, Married Male)
 - Community Form
- All questionnaires were translated to 6 major languages

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Main questionnaire contents

Block A. Individual characteristics
Block B. Family characteristics and relationships
Block C. Self-esteem and values
Block D. School, work and community
Block E. Media
Block F. Friends and peers
Block G. Health and lifestyle

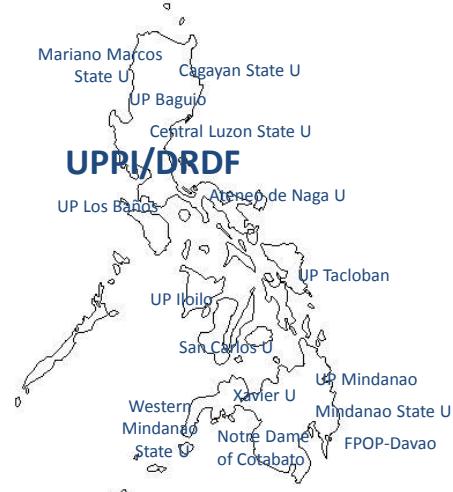
Block H. Marriage
Block I. Puberty, dating and sex
Block J. Fertility and contraception
Block K. Knowledge and attitudes towards marriage, sex and related issues
Block L. Reproductive health

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Field implementation

- Fieldwork was conducted in January to May 2013
- Regional network of research and academic institutions were involved in the data collection

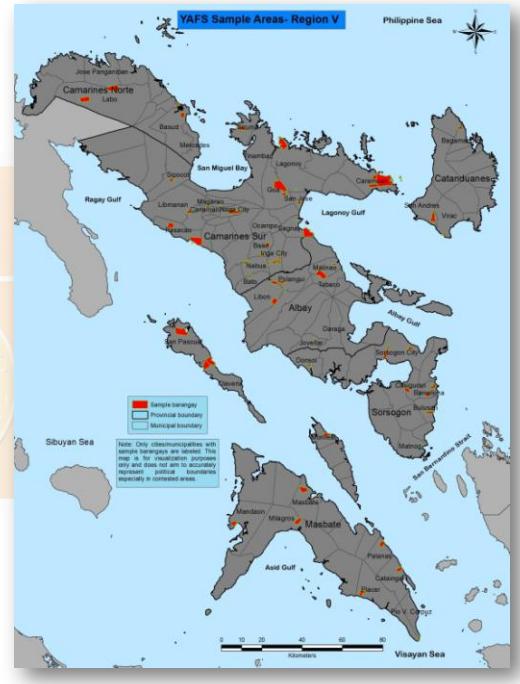


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Coverage of YAFS4 in Region V

All 6 provinces
47 cities and municipalities
66 barangays
1,400 households
1,010 youth respondents



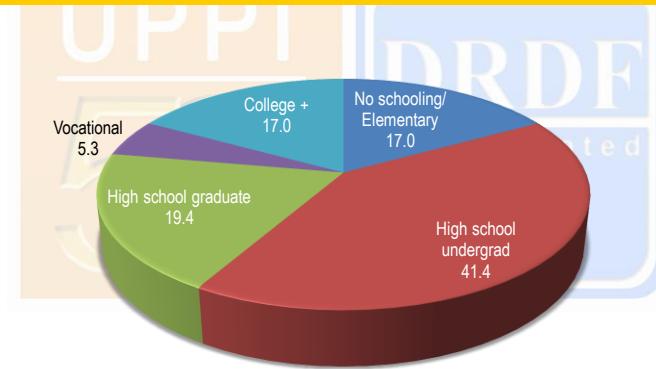
UPPI

DRDF

#RegionVProfile
BACKGROUND CHARACTERISTICS

Education profile of Region V youth

PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT

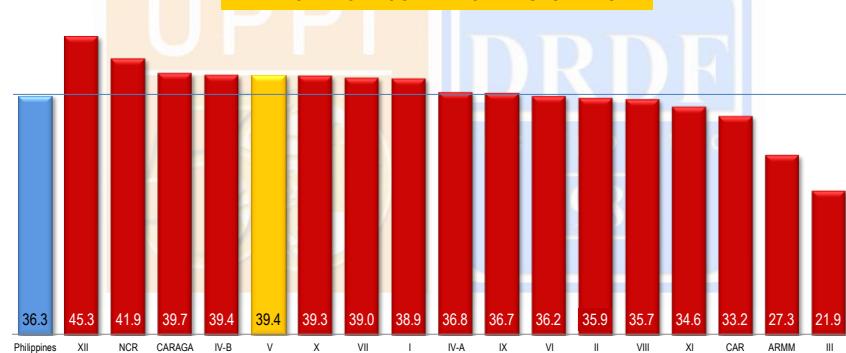


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Region V has the 5th highest proportion of studying youth

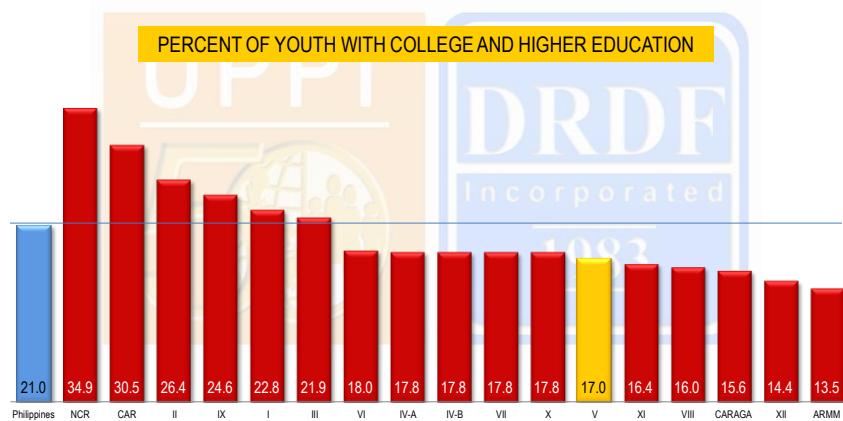
PERCENT OF YOUTH WHO ARE STUDYING



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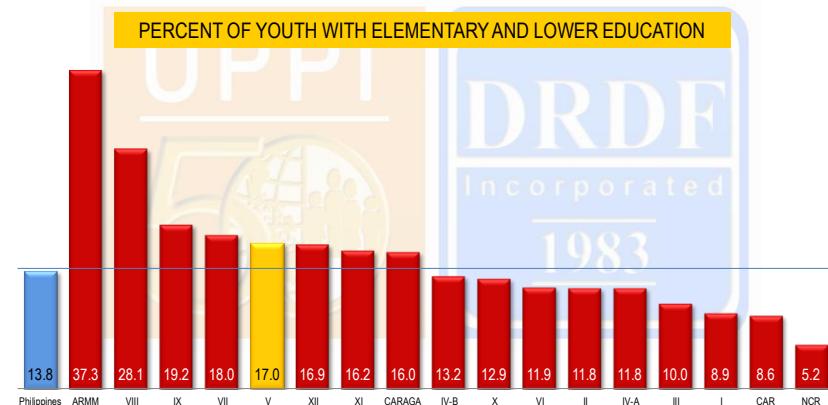
... But proportion of youth with college and higher education is relatively low



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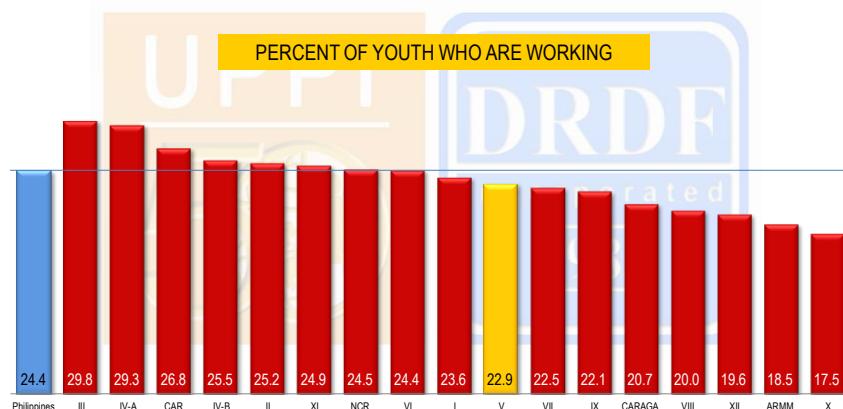
Region V also has the 5th highest proportion of youth with elementary and lower education



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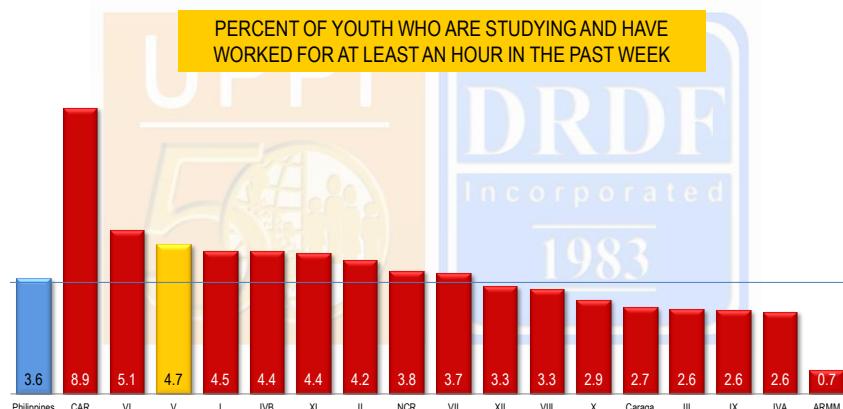
More than 1 in 5 youth are working



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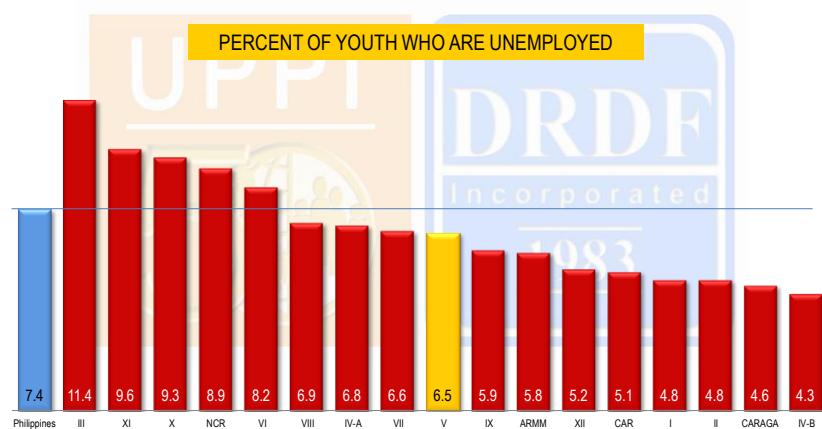
Region V has the 3rd highest proportion of youth who are working students



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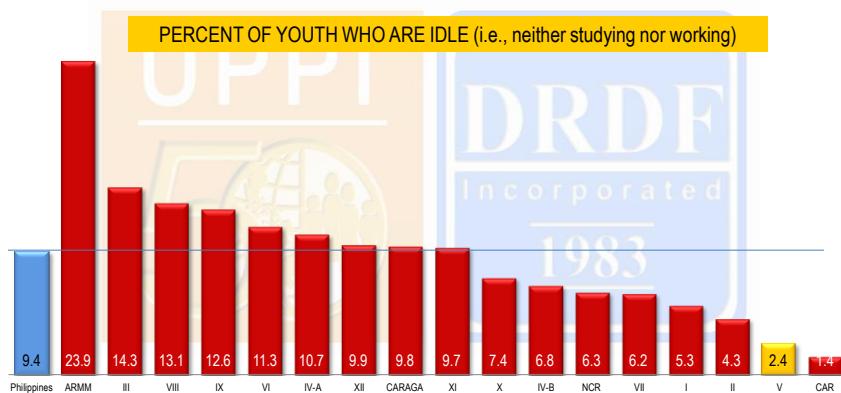
Unemployment among the youth is below the national average



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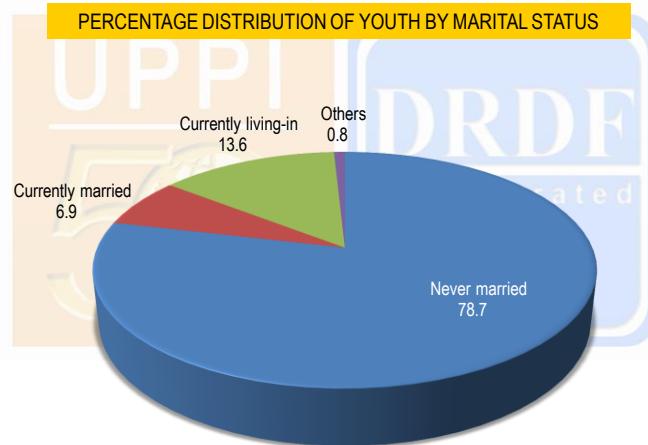
Proportion of youth who are idle is 2nd lowest in the country



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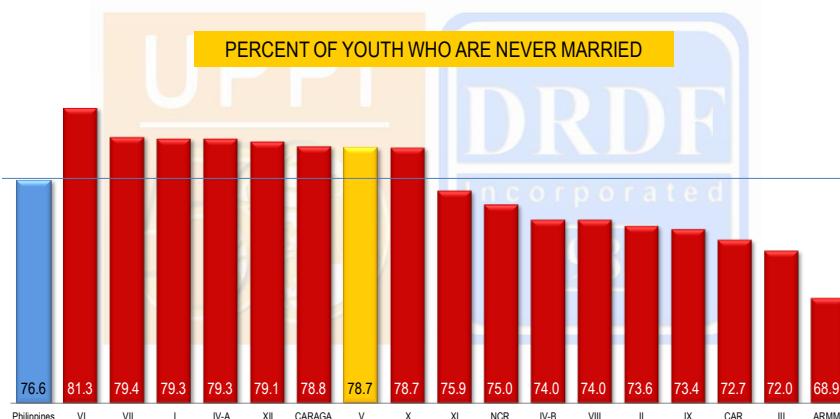
Marital status of Region V youth



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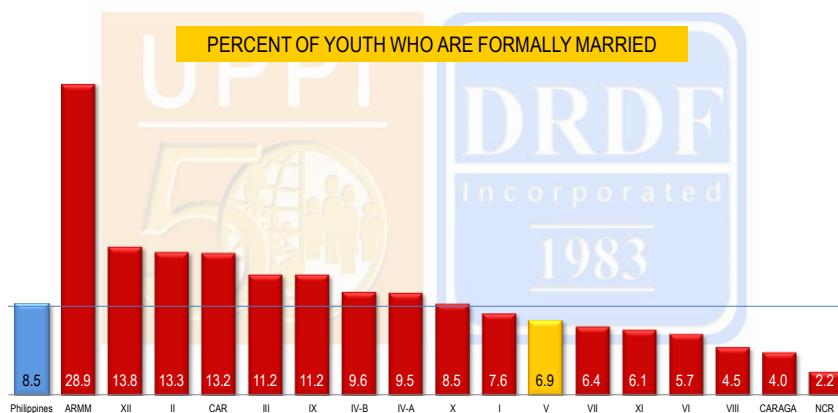
More than 3 in 4 youth are never married



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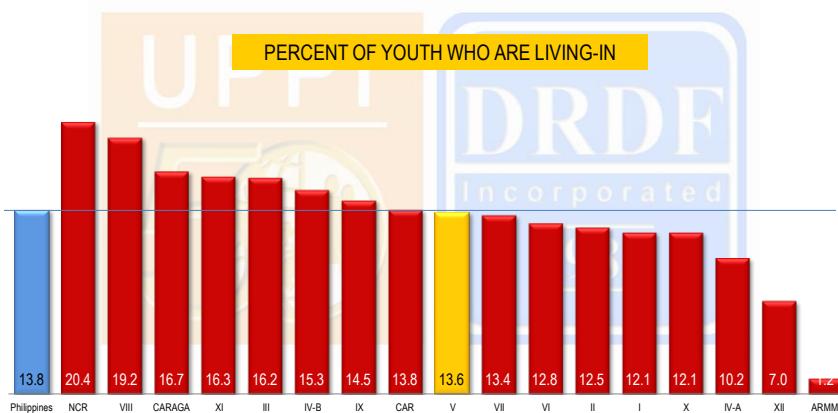
Proportion of youth who are formally married is below the national average



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Nearly 1 in 7 youth is in a live-in arrangement



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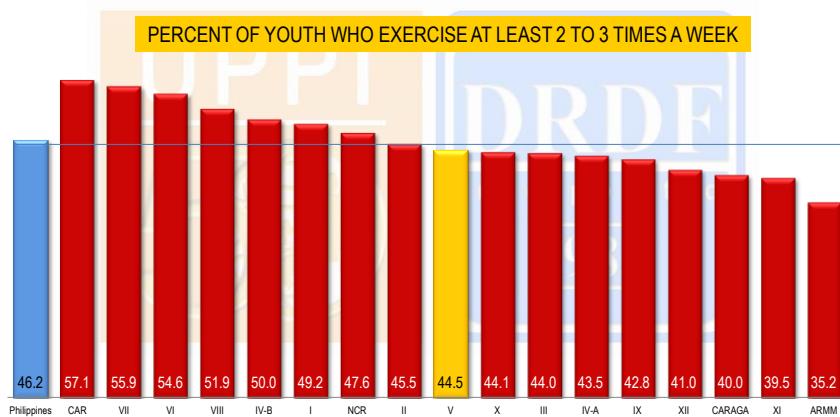
Region V youth are digitally wired



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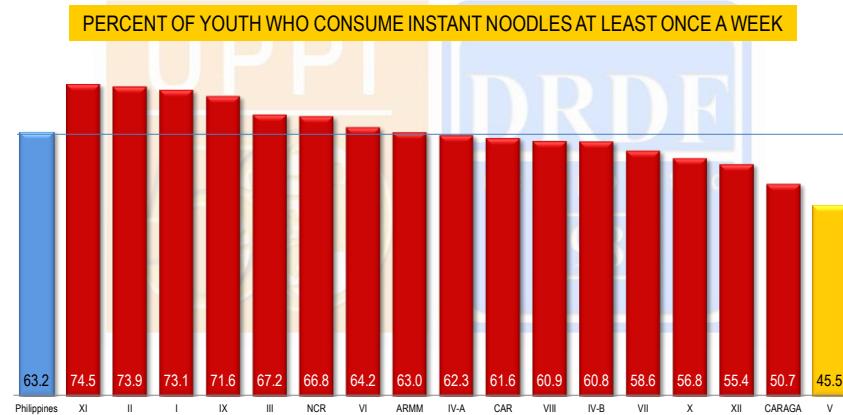
Proportion of Region V youth who exercise at least 2 to 3 times a week is below the national average



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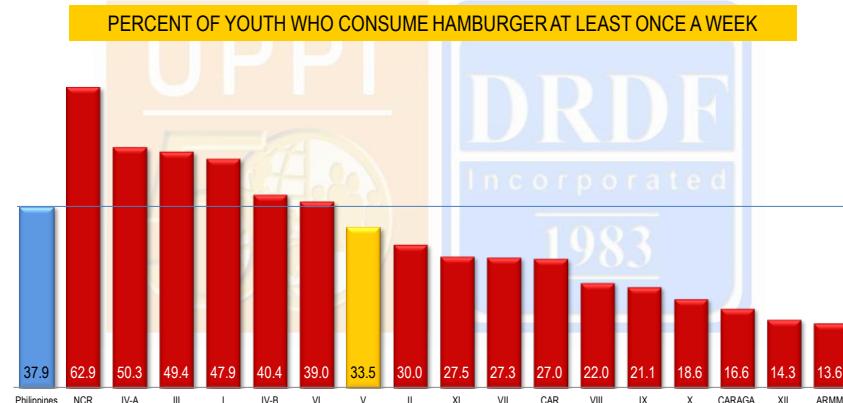
Consumption of instant noodles is lowest among Region V youth



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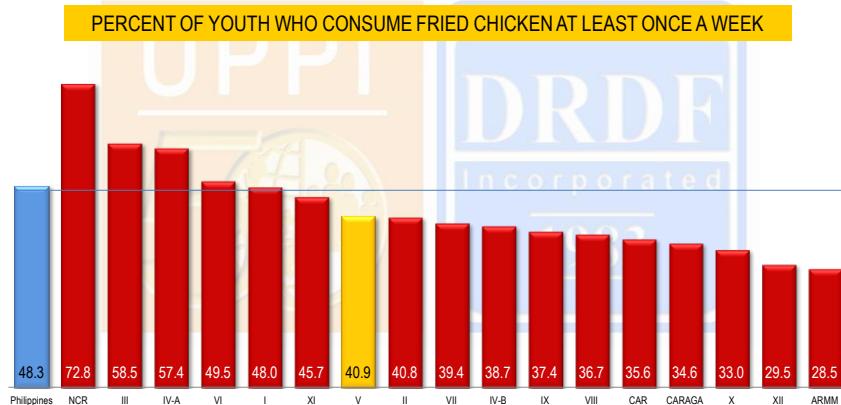
1 in 3 youth consumes hamburger at least once a week



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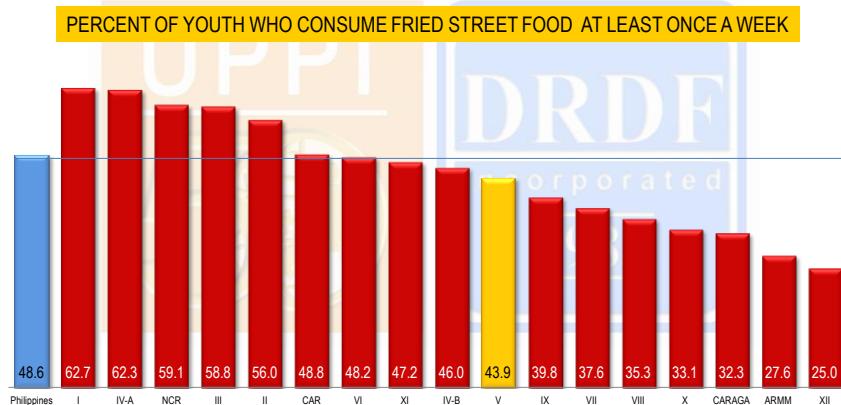
2 in 5 youth eat fried chicken at least once a week



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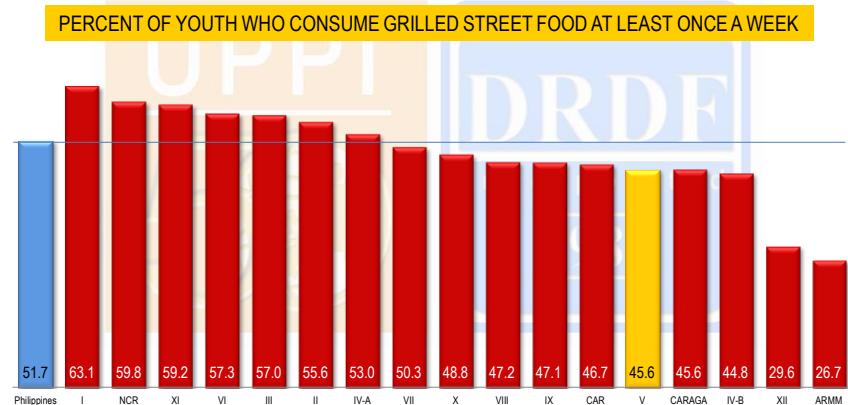
More than 2 in 5 youth eat fried street food at least once a week



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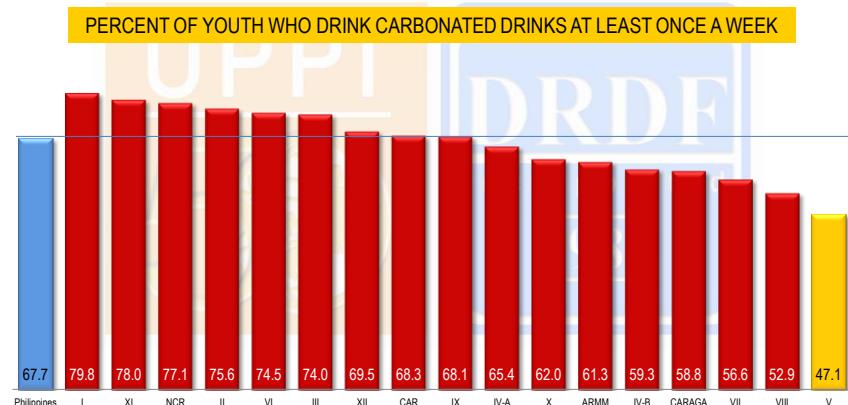
More than 2 in 5 youth eat grilled street food at least once a week



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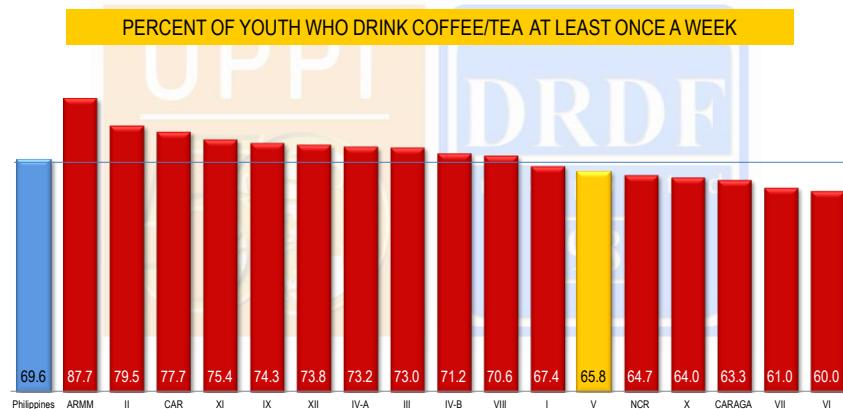
Drinking carbonated drinks is least popular among Region V youth



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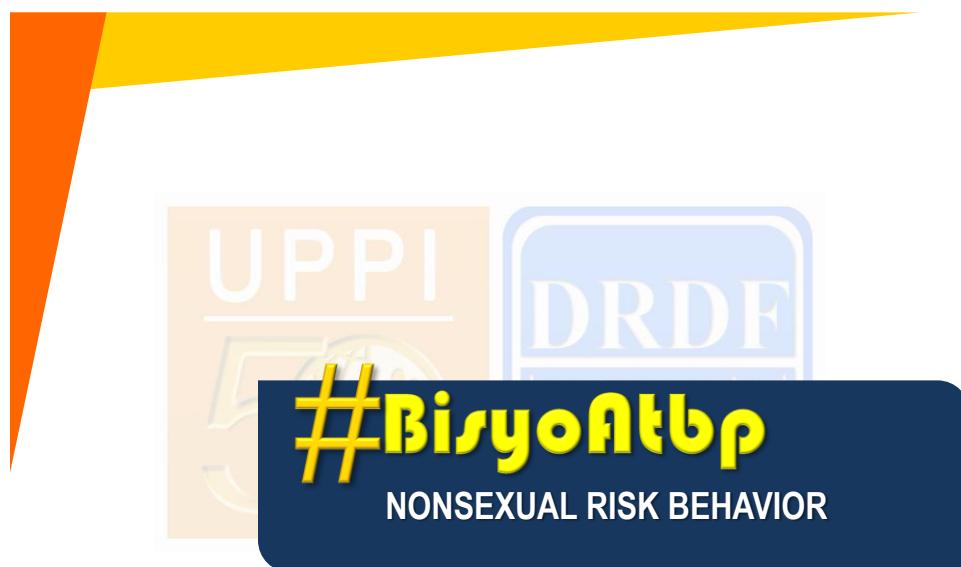
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More than 3 in 5 youth
drink coffee/tea at least once a week

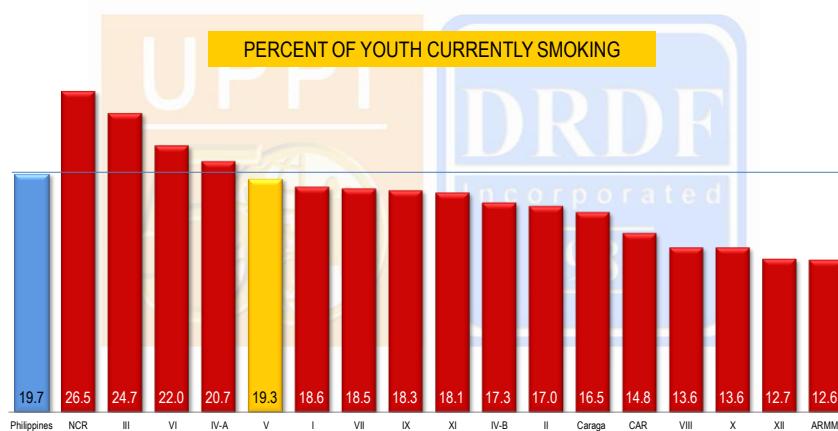


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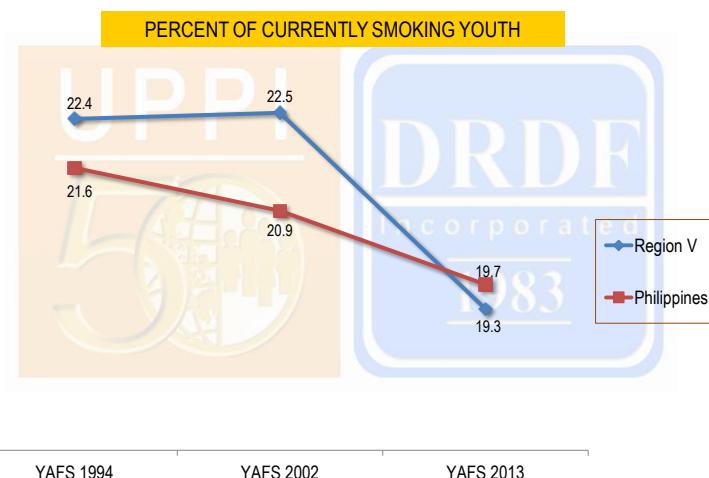
Region V has the 5th highest proportion of youth who are currently smoking



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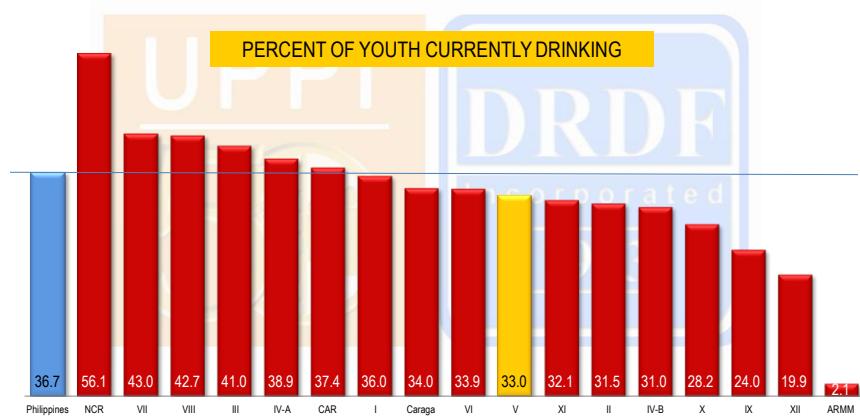
Declining proportion of currently smoking youth



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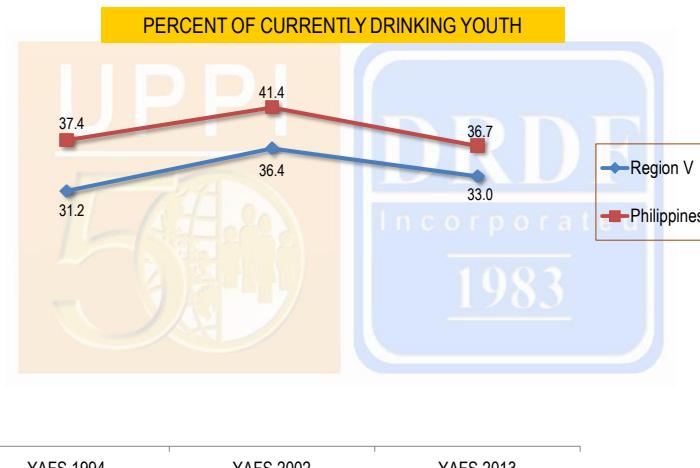
1 in 3 youth is currently drinking



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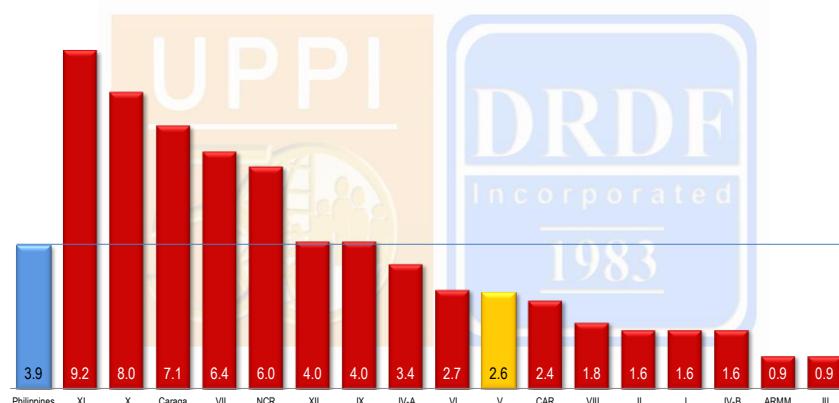
The region's proportion of youth who are currently drinking is also declining



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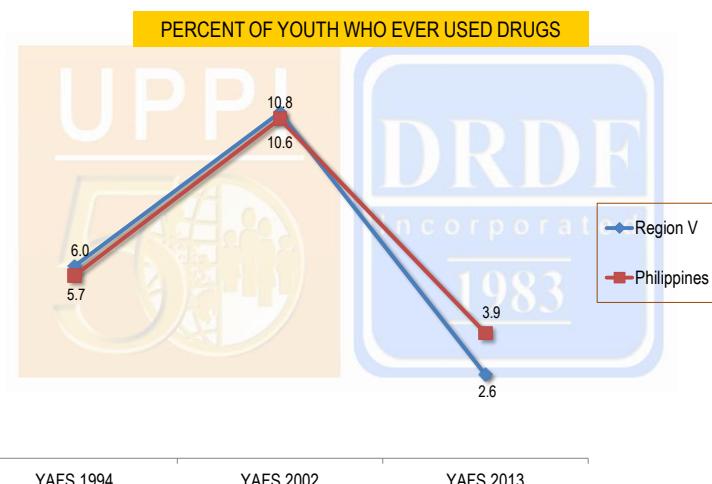
Nearly 3 in 100 youth have ever used drugs



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Sharp decline in the proportion of youth who ever used drugs



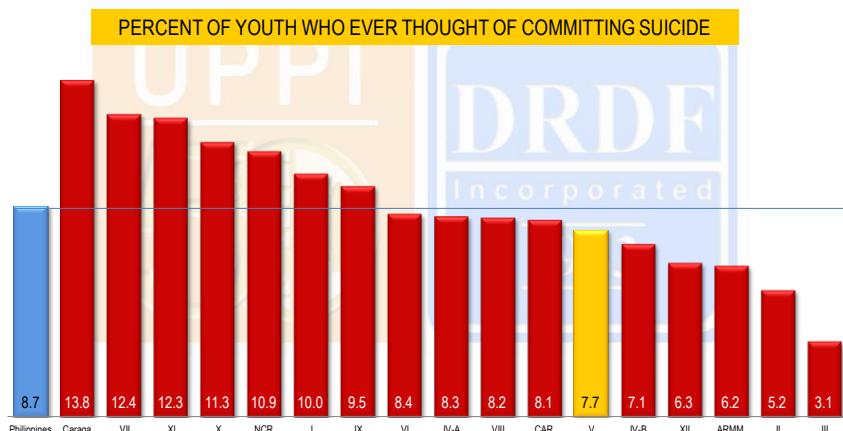
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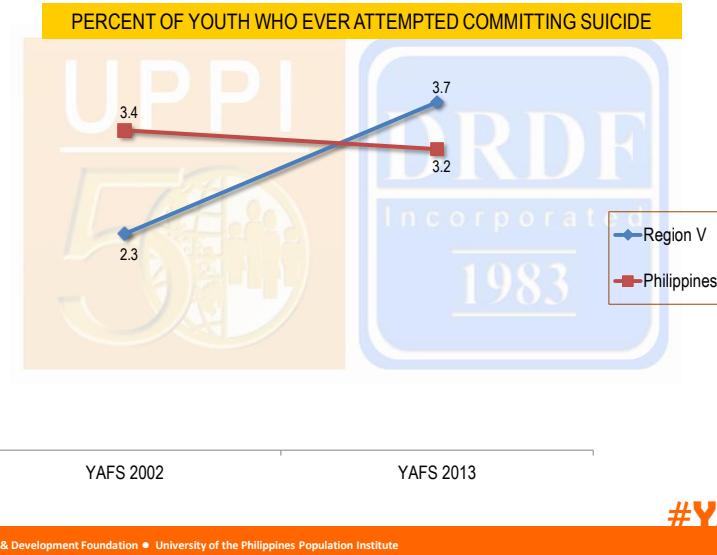
Between 2002 and 2013, the proportion of youth who ever thought of committing suicide declined



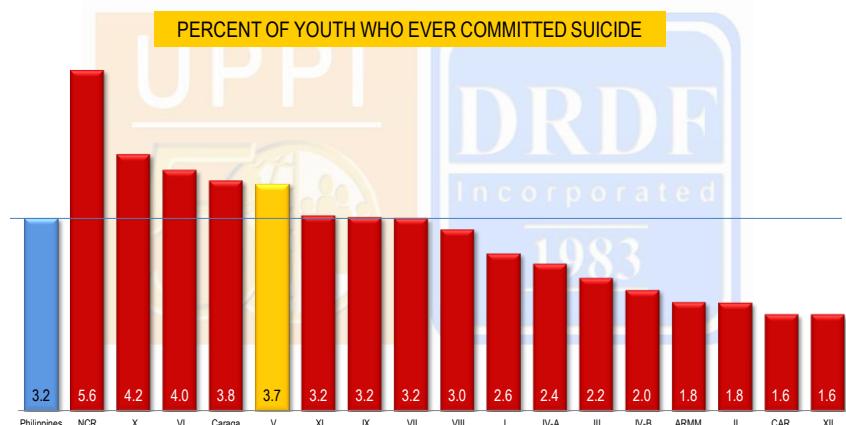
Proportion of Region V youth who considered suicide is below the national average



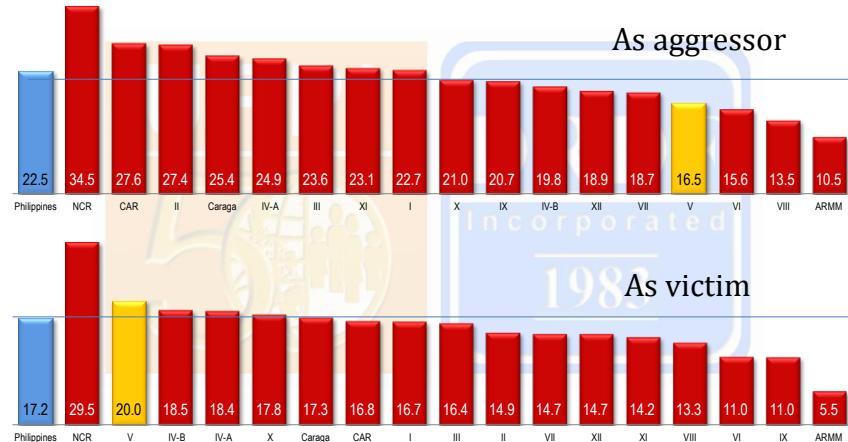
However, the proportion of youth who attempted suicide has sharply increased



Region V has the 5th highest proportion of youth who attempted suicide



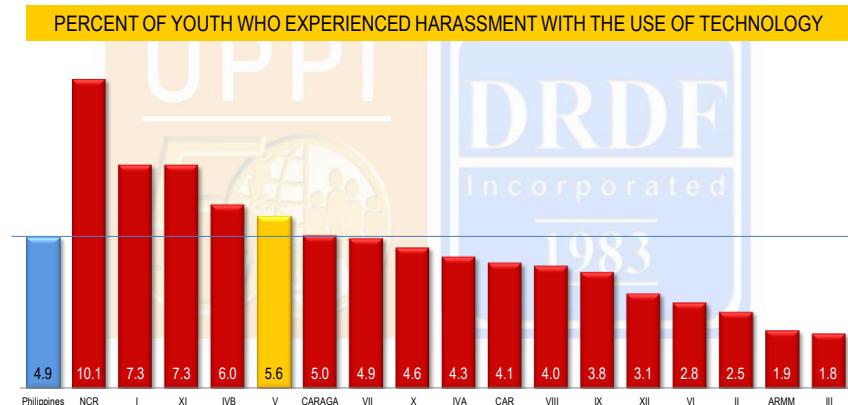
Proportion of Region V youth who have been aggressors of violence is the 4th lowest in the country, but the proportion of victims is the 2nd highest



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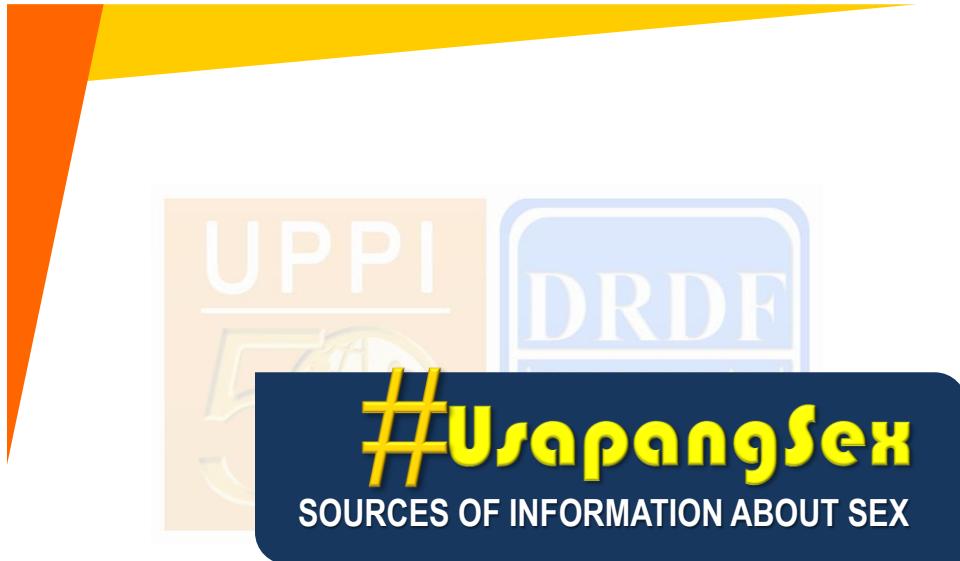
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Region V also has the 5th highest proportion of youth who experienced harassment with the use of technology

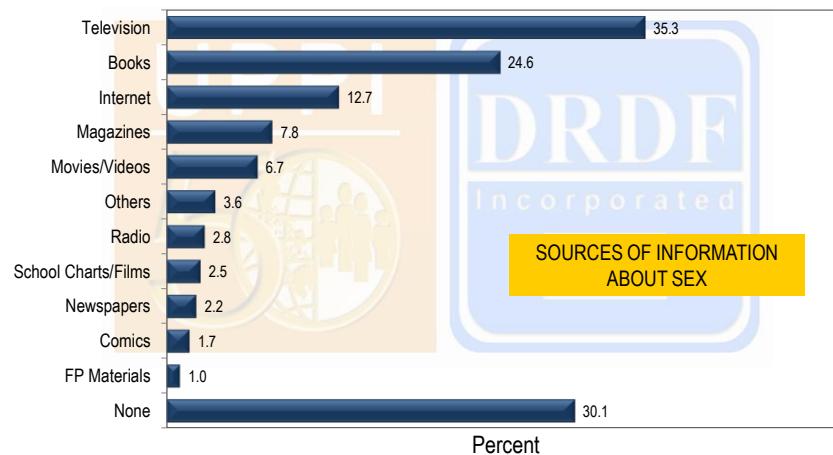


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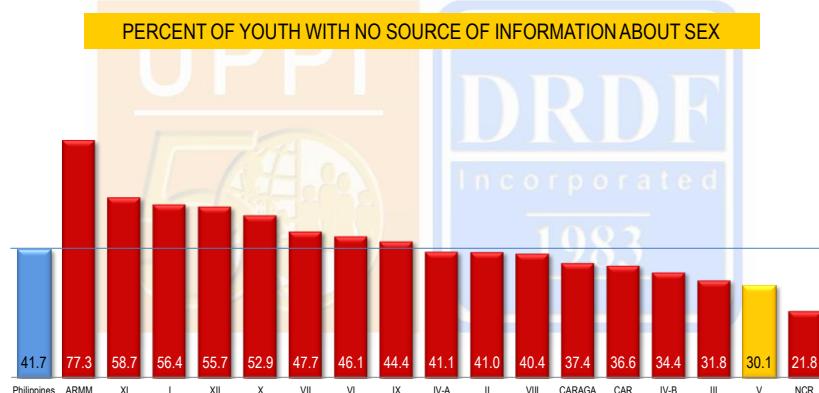
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TV and books are the most popular sources of information about sex; 3 in 10 Region V youth have no source of information about sex



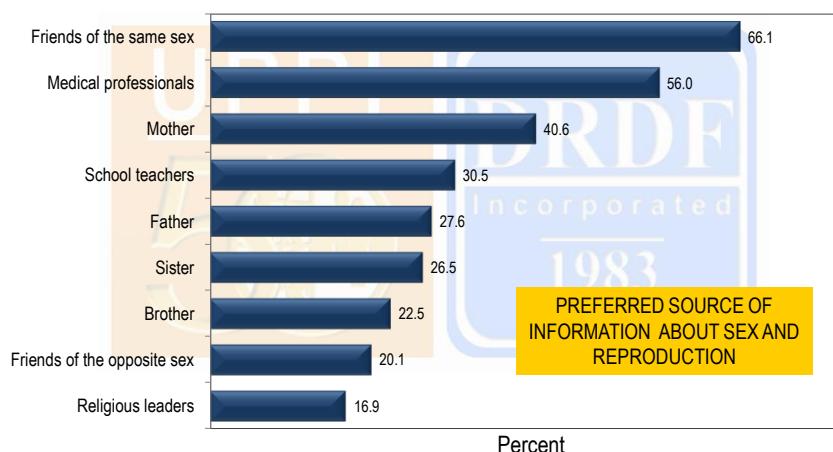
Proportion of youth without any source of information about sex is 2nd lowest in the country



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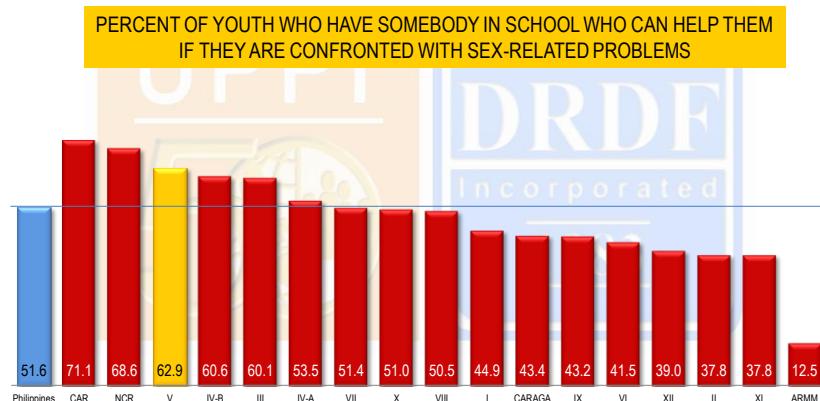
Friends of the same sex and medical professionals are Region V youth's most preferred sources of information about sex and reproduction



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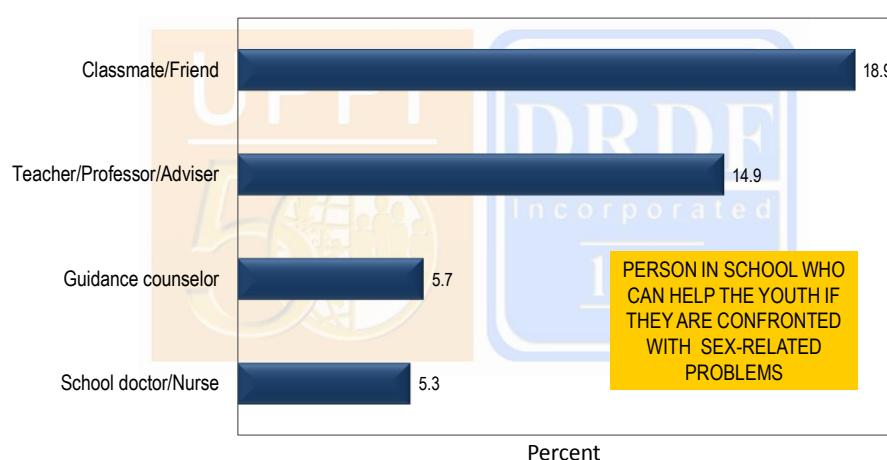
Proportion of youth who can find help in school regarding sex-related problems is 3rd highest in the country



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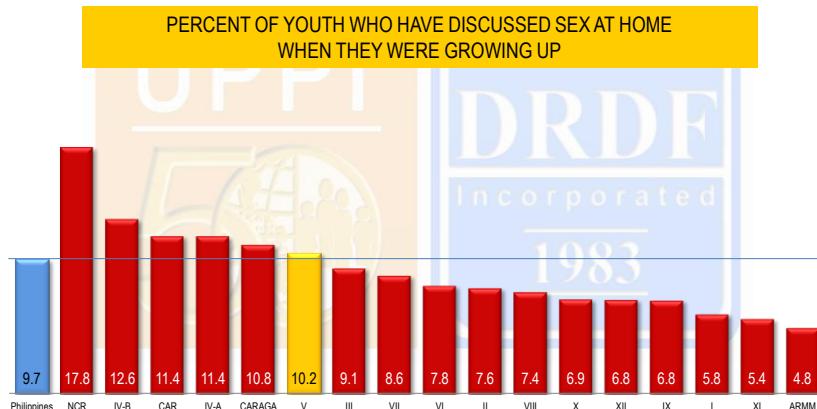
Most Region V youth identified their classmates/friends as the persons who can help them if they have any sex-related problem



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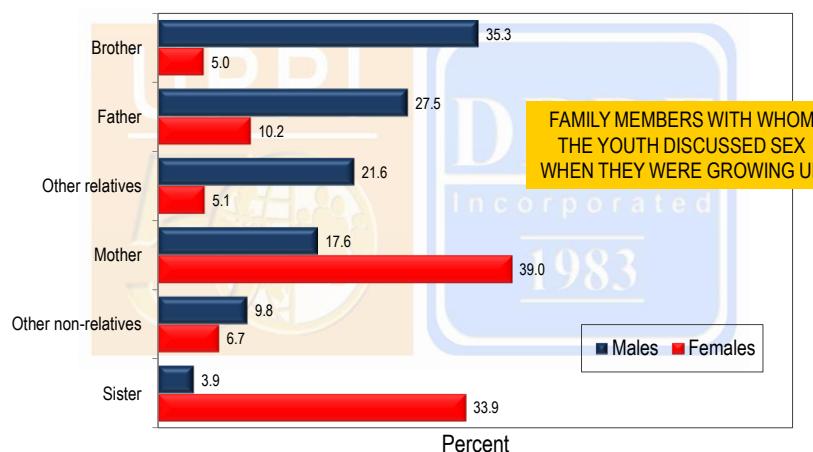
Only 1 in 10 Region V youth has discussed sex at home while growing up



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Most discussions of sex at home are between mothers and daughters, and brothers



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SUMMARY

Profile of Region V youth

- Proportion studying is 5th highest in the country, but % with elementary and lower education is the 5th highest while % with college and higher education is relatively low
- 22.9 percent are working which is below the national average
- 4.7 percent are working students, the 3rd highest in the country
- However, % unemployed is below the national average and % who are idle is the 2nd lowest in the country
- 6.9 percent are formally married, while 13.6 percent are living-in

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SUMMARY

Media exposure of Region V youth

- Very high use of new information technology
 - Use the internet: 40.1%
 - With a social media account: 36.3%
 - With an email account: 35.6%
 - With online friends who they have not met personally: 21.9%
 - Own a cellular phone: 72.5%
 - With textmates they have not met personally: 37%

Health and lifestyle of Region V youth

- 44.5% exercise at least 2-3 times a week
- High consumers of unhealthy foods and drinks

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SUMMARY

Non-sexual risk behaviors of Region V youth

- Decreasing and below-national average % who are into smoking, drinking, and drugs
 - currently smoking (19.3%)
 - currently drinking (33%)
 - Ever used drugs (2.6%)
- Proportion who ever thought of committing suicide (7.7%) is among the lowest in the country
- But the proportion who ever attempted suicide (3.7%) is the 5th highest in the country
- Proportion who have been victims of violence and harassment is also among the highest

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SUMMARY

Sources of information about sex of Region V youth

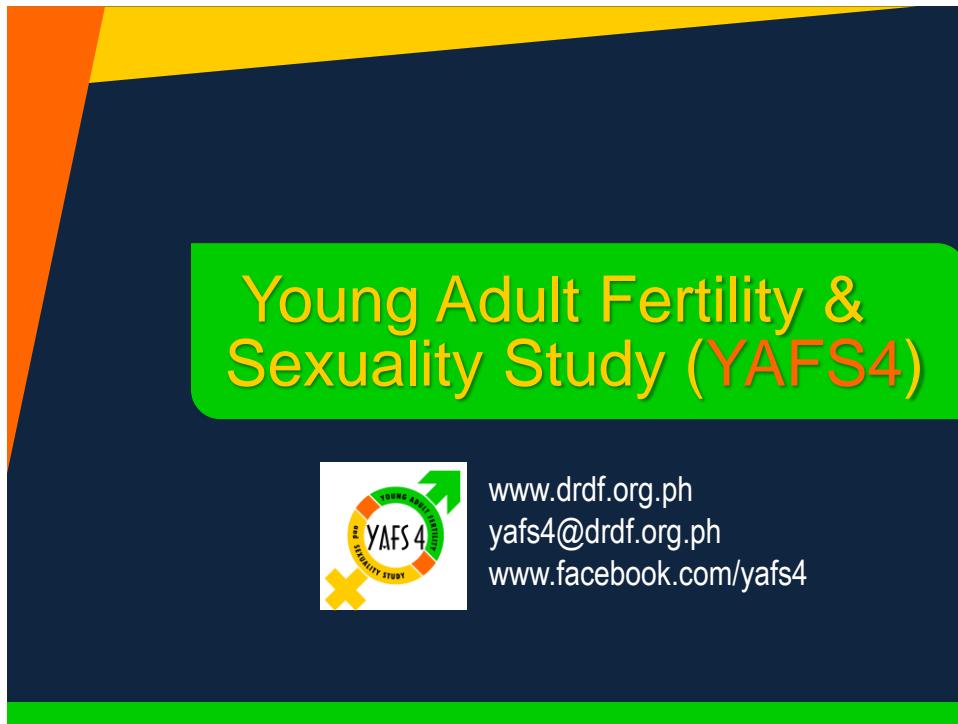
- Most rely on TV, books, and the internet for information about sex
- Friends (particularly of the same sex), medical professionals, and mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- The substantial proportion (30%) who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between brothers, and mothers and daughters

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